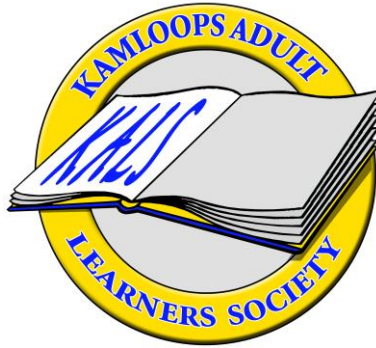


KAMLOOPS ADULT LEARNERS SOCIETY

KALS



2018 WINTER/SPRING COURSE CALENDAR

KALS courses are held in different venues throughout the city.
Be sure to check the location of your course when you register.

See the last page of Course Calendar for the venue addresses.

KAMLOOPS ADULT LEARNERS SOCIETY
PHONE: 236-425-4414 WEBSITE: www.kals.ca
OFFICE: 262 Lorne Street, Kamloops, BC, V2C 1W1
OFFICE Hours: 8 am – 4 pm, Monday – Friday (closed from 12 pm – 1 pm)

Thank you for your interest in KALS. We hope you find courses that interest you!

All classes have size limits. Classes may be cancelled if minimums are not met 10 days before start date.

A \$15 ANNUAL MEMBERSHIP FEE (July 1st–June 30th)
is required for **ALL** courses and is non-refundable.

Membership entitles you to vote at our AGM, register in free classes and be invited to special events.

WINTER/SPRING REGISTRATION BEGINS MONDAY, DECEMBER 11th, 2017 at 10:00 AM

REGISTRATION OPTIONS

- On-line at www.kals.ca with your credit card
- In person at 262 Lorne Street throughout the semester during office hours with a credit card, cash or cheque
- Mail the downloaded, printed and completed registration form from the KALS website at www.kals.ca with your cheque, to the KALS office at: 262 Lorne Street, Kamloops, BC V2C 1W1
DO NOT MAIL CASH

REFUNDS: There are no refunds for single session courses. Refunds for multi-session courses must be received in writing 10 days before the class start date. There are no partial refunds. If a refund is approved, a \$10.00 admin fee will be charged. See the full policy on the KALS website. If KALS must cancel a class a full refund will be sent.

A NOTE ON COURSE COSTS: KALS courses are inexpensive because KALS volunteers and presenters donate their services. We want all seniors to benefit from KALS, but recognize cost may be a barrier. **A financial assistance program is available by phoning KALS at 236-425-4414. Discussions are confidential.**

8 classes	Come to the Concert	Jan 9 – May 8	Tues 10:00 – 12:00	\$50
8 classes	News and Views	Jan 19 – Mar 9	Fri 1:30 – 3:30	\$50
6 classes	Meditation	Jan 25 – Mar 1	Thurs 1:30 – 3:00	FREE
4 classes	Shakespeare's The Tempest	Jan 30 – Feb 20	Tues 1:30 – 3:30	\$30
4 classes	Expanding a Vision for Aging	Feb 21 – May 16	Weds 1:30 – 3:30	\$30
4 classes	All the Rage on Page and Stage – Two Canadian Plays	Feb 27 – Apr 3	Tues 10:00 – 12:00	\$30
4 classes	Who Am I Now? Making Sense of Aging and Later Life	Mar 8 – Apr 19	Thurs 10:00 – 12:00	\$30
3 classes	Art and Ecology – Observation and Journaling	Apr 6 – Apr 20	Fri 10:00 – 12:00	\$25
2 classes	Lawn Bowling "Come out and Give it a Try"	May 1 – May 3	Tues/Thurs 1:00 – 3:00	\$15
3 classes	The Birds of Kamloops	May 2 – May 16	Wed 10:00 – 12:00	\$20
1 class	Behind the Scenes at the Theatre	January 15	Mon 10:00 – 12:00	\$10
1 class	Vaccinations- Why all the fear and confusion?	January 15	Mon 1:30 – 3:30	\$10
1 class	Tales of a Textile: Hudson's Bay Point Blanket	January 16	Tues 1:30 – 3:30	\$10
1 class	The Lawless World of the Internet	January 16	Tues 1:30 – 3:30	\$10
1 class	Longevity through Ayurveda	January 24	Wed 10:00 – 12:00	\$10
1 class	Hands on History – Tales of the Fur Trade	January 25	Thurs 1:30 - 3:30	\$10
1 class	Nepal; Wildfire Management	January 26	Fri 10:00 – 12:00	\$10
1 class	Twelfth Night; Shakespeare in the Daylight	February 5	Mon 10:00 – 12:00	\$10
1 class	Madagascar – Land of the Lemurs	February 7	Wed 10:00 – 12:00	\$10
1 class	Chemistry: What's Your Reaction?	February 7	Wed 1:30 – 3:30	\$10
1 class	Native Court Visit	February 9	Fri 9:00 – 12:00	FREE
1 class	Cougars and other Predators	February 13	Tues 10:00 – 12:00	\$10
1 class	The Rise of China as a Global Power	February 14	Wed 10:00 – 12:00	\$10
1 class	Building Your Family History	February 20	Tues 10:00 – 12:00	\$10
1 class	How Does Parole Work?	February 21	Wed 10:00 – 12:00	\$10
1 class	Electricity, Magnetism and Plants	February 21	Wed 1:30 – 3:30	\$10
1 class	Please Touch! Object Handling Session at the Museum	March 6	Tues 1:30 – 3:00	\$10
1 class	Sacred Passage Doula	March 14	Wed 10:00 – 12:00	\$10
1 class	In Sickness and in Health- The Story of Tranquille	March 19	Mon 10:00 – 12:00	\$10
1 class	Organize Your Closets, Organize Your Life	April 9	Mon 1:30 – 3:30	\$10
1 class	Sustainable Ranching Explained	April 11	Wed 10:00 – 12:00	\$10
1 class	Travel Photo Adventures	April 17	Tues 10:00 – 12:00	\$10
1 class	Art & Conversation – Kenojuak Ashevak	April 17	Tues 10:30 – 12:00	FREE
1 class	Antiquing and Collecting	April 18	Wed 1:30 – 3:30	\$10
1 class	Radio Controlled Model Airplanes	April 20	Fri 1:30 – 3:30	\$10
1 class	The Rule of Law – 9/11 to Trump	April 27	Fri 10:00 – 12:00	\$10
1 class	Art & Conversation – Ann Kipling	May 15	Tues 10:30 – 12:00	FREE
1 class	Art & Conversation – Eric Metcalfe	June 19	Tues 10:30 – 12:00	FREE

KALS WINTER/SPRING 2018 MULTIPLE SESSION COURSE DESCRIPTIONS

Come to the Concert

\$50.00

'Come to the Concert' will continue with an 8 series of introduction to the music in the remaining orchestral and chamber music concerts of the 2017-2018 KSO 40th Anniversary season. Rod will continue to demonstrate how knowledge and familiarity can help enrich any listener's enjoyment. Each class is scheduled a few days before the performance. You will hear a brief overview of the structure of each work, information on composers, the evolution of musical styles, and the growth of musical genres. The first class will be an introduction to the balance of the season. We will explore aspects of the music and performance and develop more fully the musical and historical background to increase your enjoyment of the music. **Concert tickets NOT included.**

Instructor: Rod Michell

Min. 8 Max. 25

Dates: Tuesdays, 10:00 am to 12:00 pm, January 9th, 23rd; February 6th, 20th; March 6th, 20th; April 10th; May 8th, 2018

Location: North Shore Community Centre, Oak Room

News and Views

\$50.00

Join Moderator Ray Pillar for lively thought provoking discussion and debate about local, provincial, national and world issues....whatever the news, we look forward to range of views and always have great discussion.

Instructor: Ray Pillar

Min. 8 Max. 25

Dates: Fridays 1:30 pm to 3:30 pm, January 19th – March 9th, 2018

Location: North Shore Community Centre, Games Room

Meditation

FREE

The significant benefits of meditation come from doing it on a regular basis. Come to this 6 week session to support your existing practice or to start a new. An experienced meditation guide will support you in establishing a routine that works for you.

Instructor: Kim Jensen

Min. 8 Max 25

Dates: Thursdays 1:30 – 3:00 pm, January 25th – March 1st, 2018

Location: North Shore Community Centre, Dogwood Room

Shakespeare's The Tempest

\$30.00

Magic, Romance, Stupidity, Treachery & Revenge are all themes in Shakespeare's final play. Prospero has been dethroned by his brother and banished to a desolate island with his daughter Miranda where he learns magic. When Prospero's brother sails by the island, Prospero conjures a storm that wrecks the ship and changes all of their lives. We will watch and discuss 2 different interpretations of the play; one on the stage with the role of Prospero played by Christopher Plummer and the other a film version with Actress Helen Mirren playing Prospero. Some scholars believe that in creating Prospero, Shakespeare was writing about his role in bringing the magic of theatre to the people.

Instructor: Mary Schmid

Min.8 Max. 25

Dates: Tuesdays, 1:30 pm – 3:30 pm, January 30th – February 20th, 2018

Location: North Shore Community Centre, Oak Room

Expanding a Vision for Aging

\$30.00

Previous attendance in 2016 and 2017 courses (Aging with Wisdom/ Vision for Aging) is a requirement for registration. Building on the vision and concepts presented in the foundational courses, 2016 and 2017, this once-a-month gathering will allow those who participated to further explore and deepen their understanding of what elder-hood can mean. This course will continue to facilitate personal awareness and growth and help determine the work you will do as the elder

sages of our community. This will be a peer-facilitated course. Participants will have the opportunity for shared leadership and facilitation as desired.

Instructor: Rick Albert, Ellen Faraday, Dick Taylor, Carol Todd

Min. 6 Max. 20

Dates: Wednesdays, 1:30 pm – 3:30 pm, February 21st, March 21st, April 18th, May 16th, 2018

Location: North Shore Community Centre, Games Room

All the Rage on Page and Stage – Two Canadian Plays

\$30.00

On local stages this winter, we have the opportunity to see women's hockey set in the 1930's, and a musical about an Oji-Cree family's intergenerational trauma resulting from residential-school experience. Tracey Power's *Glory*, a world premiere based on the Preston Rivulettes, a championship hockey team, runs February 22 to March 3 at the Sagebrush Theatre. From March 29 to April 7, Corey Payette's *Children of God* also graces the Sagebrush stage after a successful run at, among other places, the National Arts Centre. This course will involve us in reading the plays individually, doing play readings (if we wish), experiencing the plays live and discussing both page and stage versions. We may even be joined by some theatrical types involved in these works.

Copies of the play *Glory* will be available for approximately \$10 early in the New Year. Participants will be notified when these are available, so you can read the play in advance of the session. Plans for access to the play *Children of God* are in the works and participants will be notified. Tickets for the plays and readings are not included in the course. Please plan to see both plays on the stage. Check out Western Canada theatre for tickets including `pay what you can` dates at <http://www.wctlive.ca/> or call 250 374 LIVE

Instructor: Ginny Ratsoy

Min. 10 Max. 25

Dates: Tuesdays, 10:00 am – 12:00 pm, February 27th, March 6th, March 27th, April 3rd, 2018

Location: North Shore Community Centre, Willow Room March 6th; Oak Room February 27th, March 27th, April 3rd

Who Am I Now? Making Sense of Aging and Later Life

\$30.00

This course will look at the physical, spiritual, emotional, social and practical realities of aging. Each class will begin with a short presentation by the facilitators. In small groups, participants will discuss questions and share their experiences and ideas that describe the impact of aging on one's quality of life. We will network and share strategies and practices that support and empower seniors through their later years. Class themes will include "transition & loss", "loneliness & grief", and "ageism".

Instructor: Rev. Helen McFadyen, Ani Gawa Khandro 'Gawa Ling'

Min. 8 Max. 20

Dates: Thursdays, 10:00 am – 12:00 pm, March 8th – April 19th, 2018

Location: North Shore Community Centre, Oak Room

Art and Ecology – Observation and Journaling

\$25.00

This series will invite participants to explore illustrated journaling as an immersive practice in place and community. In a too-busy world, field journals prompt us to pay close attention to the "here and now", giving voice to what we experience through drawings, maps, questions, nature observations as well as contemplative writing pieces. This workshop is designed as an immersion into the tools and techniques of field journaling. It is open to novice and veteran artists, naturalists and curious newcomers. We will cover tools, introductory sketching techniques, landscape drawing, map-making, lettering, page design, and creative writing. Some supplies will be required. Information will be provided to registrants.

Instructor: Lyn Baldwin

Min. 8 Max. 12

Dates: Fridays, 10:00 am – 12:00 pm, April 6th – April 20th, 2018

Location: Cunliffe House, Board Room

Lawn Bowling "Come out and give it a try"**\$15.00**

The Kamloops Riverside Lawn Bowling Club, in partnership with KALS will again introduce lawn bowling to our members. The first class will take place May 1st at the Heritage House Lawn Bowling Club Room followed by participation in active lawn bowling with certified instructors. On May 3rd the class will bowl for 2 hours with high hopes of improving their skills. The instructors will be in attendance. Wear comfortable flat shoes. Bowling balls will be provided.

Instructor: Irene Bridgeman, Bruce Clary, Laurel Hunt, Bob Gamble**Min. 8 Max. 40****Dates:** Tuesday & Thursday, 1:00 pm – 3:00 pm, May 1st and 3rd, 2018**Location:** Riverside Park, Lawn Bowling Clubhouse**The Birds of Kamloops****\$20.00**

This short course on the Birds of Kamloops is suitable for learners at all levels - from novice to expert birders. It will focus on morning outings to "hotspots" that local naturalists frequent. During the outings there will be instruction on how to identify birds, what guides their behavior and what ecological resources are needed to survive. Participants need a pair of binoculars and a field guide to the Birds of North America (instructor's favorite is Sibley's). Wear appropriate clothing.

Instructor: Dr. Tom Dickinson**Min. 8 Max. 25****Dates:** Wednesdays, 10:00 am – 12:00 pm, May 2nd – May 16th, 2018**Location:** North Shore Community Centre Oak Room (May 2nd), May 9th and 16th classes in the field

WINTER/SPRING 2018 SINGLE SESSION COURSE DESCRIPTIONS

Behind the Scenes at the Theatre**\$10.00**

Come and meet local actors who will share with you what it is like to be on stage, why they love it and much more. A fun filled talk with stories and props that will surprise and delight you.

Instructor: Shannon Cooper**Min. 8 Max. 30****Date:** Monday, 10:00 am – 12:00 pm, January 15th, 2018**Location:** North Shore Community Centre, Willow Room**Vaccinations – Why all the fear and confusion?****\$10.00**

The class will discuss the controversy about vaccinations and the issues raised for individuals and society.

Instructor: Kathy Thomson**Min. 8 Max. 30****Date:** Monday, 1:30 pm – 3:30 pm, January 15th, 2018**Location:** North Shore Community Centre, Willow Room**Tales of a Textile: Hudson's Bay Point Blanket****\$10.00**

The Hudson's Bay blanket may appear to be a fairly plain household item, but it is unique for its long life (at 238 years old it is still for sale) and for its troubled associations & connections. The off-white wool blanket patterned with slender stripes of green, red, yellow, and indigo played a vital role in the history of the fur trading company turned Retail Company, and along the way became a Canadian emblem. From popular fur trade item, to Olympic coat, to use in contemporary art, learn about the long history of this iconic point blanket.

Instructor: Keely Bland**Min. 8 Max. 30****Date:** Tuesday, 1:30 pm – 3:30 pm, January 16th, 2018**Location:** Kamloops Museum

The Lawless World of the Internet**\$10.00**

Creeping the Creep Catchers and Other Tales from the Lawless World of the Internet. In this talk, Professor Jones will discuss online vigilantes, internet defamation, and the question of privacy rights on the web.

Instructor: Craig Jones**Min. 8 Max. 40****Date:** Tuesday, 1:30 pm – 3:30 pm, January 16th, 2018**Location:** North Shore Community Centre, Oak Room

Longevity through Ayurveda**\$10.00**

Begin the year with something new. "Everything is connected to everything" is a saying 5,000 years old. Ayurveda an Eastern Approach to Vitality. Breathing, Hydration Assimilation and Sleep depend on each other for optimum functioning. We will explore the building blocks of human physiology. Bring your thinking cap and notebook.

Instructor: Paul Colver**Min. 8 Max. 20****Date:** Wednesday, 10:00 am – 12:00 pm, January 24th, 2018**Location:** North Shore Community Centre, Games Room

Hands on History – Tales of the Fur Trade**\$10.00**

Explore one of Canada's most exciting times in history - the Canadian Fur Trade - seen through the eyes of Charlotte Thompson, wife of map maker and explorer David Thompson. During this "living history" performance by Chris Linton learn how to split sinew, sew a journal, start a fire and more. Hands on history learning that will delight you and that you will never forget.

Instructor: Chris Linton**Min. 8 Max. 40****Date:** Thursday, 1:30 pm – 3:30 pm, January 25th, 2018**Location:** North Shore Community Centre, Oak Room

Nepal; Wildfire Management**\$10.00**

Nepal: an overview of the country and forest wildfire management (or lack of). After 30 years of study in BC coastal and interior landscapes, the presenter finds Nepal a fascinating new challenge in forest fire management. Come and hear what is the same, what is different and what we can learn and share.

Instructor: John Karakatsoulis**Min. 8 Max. 30****Date:** Friday, 10:00 am – 12:00 pm, January 26th, 2018**Location:** North Shore Community Centre, Willow Room

Twelfth Night; Shakespeare in the Daylight**\$10.00**

TRU Actors workshop theatre will be putting on an engaging production of this classic play Thursday through Saturday March 1-3 and March 8-10. Participants will learn about the production, the cast, and the twists and turns of this delightful play considered to be one of Shakespeare's best comedies.

Instructor: Shannon Cooper**Min. 8 Max. 30****Date:** Monday, 10:00 am – 12:00 pm, February 5th, 2018**Location:** North Shore Community Centre, Willow Room

Madagascar – Land of the Lemurs**\$10.00**

How many of us will ever get to see lemurs in Madagascar? Come and explore this fascinating island and its unique wildlife

with an avid traveler. Madagascar has over 80 species of lemurs not found elsewhere in the world. Four intrepid senior adventurers from Kamloops spent 3 weeks exploring and experiencing the land, the people and the wildlife.

Instructor: Helen Parkyn

Min. 8 Max. 40

Date: Wednesday, 10:00 am – 12:00 pm, February 7th, 2018

Location: North Shore Community Centre, Oak Room

Chemistry: What's Your Reaction?

\$10.00

From resource exploitation to the production and use of everyday objects and gadgets that make up our modern society, the science of chemistry plays an integral part. This talk will look at modern communication devices, power sources and some selected topics to illustrate this.

Instructor: Dr. David McKinnon

Min. 8 Max. 40

Date: Wednesday, 1:30 – 3:30 pm, February 7th, 2018

Location: North Shore Community Centre, Oak Room

Native Court Visit

FREE

This is an opportunity to learn about the Native court and increase your awareness and understanding of the justice system. You will be briefed about the purpose and experience of the court and have an opportunity to witness the court in action.

Instructor: Rae Ann Sasakamoose

Min. 6 Max. 10

Date: Friday, 9:00 am – 12:00 pm, February 9th, 2018

Location: Provincial Court House

Cougars and other Predators

\$10.00

Join an expert in wildlife, the conservation officer for our region. During the talk we will cover, cougar biology, cougar behaviour, and develop an understanding of these large predators and the relationship that communities and society have with these animals. We will also cover safety considerations for both the animal and those encountering these animals. We will provide accurate information to set the record straight in order to better understand these large predators that share the space that we occupy.

Instructor: Kevin van Damme

Min. 8 Max. 40

Date: Tuesday, 10:00 am – 12:00 pm, February 13th, 2018

Location: North Shore Community Centre, Oak Room

The Rise of China as a Global Power

\$10.00

We are living in what some writers have referred to as the China Century. But should a rising China be seen as a threat or opportunity for global stability? In this class, we will be exploring many of the political, economic and social challenges facing the world's most populous country. We will also look at how a global power shift across the Pacific is transforming Canada's economic landscape.

Instructor: Dr. Rob Hanlon

Min. 8 Max. 40

Date: Wednesday, 10:00 am – 12:00 pm, February 14th, 2018

Location: North Shore Community Centre, Oak Room

Building your Family History**\$10.00**

Have you ever wondered where your family comes from? Or how to find out? Who do you ask? Where do you look? How do you record it? How do you organize it? Come along and join us. Our presenter is NOT a professional genealogist but has been researching her family tree since 1963 and has lots of ideas and ways to go about the fascinating journey of building your family tree.

Instructor: Lindley Roff**Min. 8 Max. 25****Date:** Tuesday, 10:00 am – 12:00 pm, February 20th, 2018**Location:** North Shore Community Centre, Willow Room**How Does Parole Work?****\$10.00**

Join us to learn about this part of our criminal justice system and what happens once a person has been sentenced to a federal prison, and when they are released to the community. The discussion will cover the parole process from the application, to the hearing, and the expectations of a person on a conditional release. We will discuss Parole Board of Canada decisions, special conditions imposed on the parolee and how these conditions are monitored.

Instructor: Kerry O'flanagan, Truman Tremblay**Min. 8 Max. 40****Date:** Wednesday, 10:00 am – 12:00 pm, February 21st, 2018**Location:** North Shore Community Centre, Oak Room**Electricity, Magnetism and Plants****\$10.00**

What do these three things have in common? How can they be used in managing grasslands and agricultural forage? One clue is drones! Come and hear TRU Masters students talk about their research in this new field.

Instructor: TRU Master Students**Min. 8 Max. 30****Date:** Wednesday, 1:30 pm – 3:30 pm, February 21st, 2018**Location:** North Shore Community Centre, Willow Room**Please Touch! Object handling session at the museum****\$10.00**

Through touch, explanation & discussion you will get up-close to artifacts in the KMA collection and learn about their use & history. Artifacts are objects made by humans that typically have a cultural or historical interest. In this hands-on session you will learn, by looking closely and through feel, about what they are, how they were used and their value in the lives of people of the era. The session will be fun for all but particularly for those with low vision.

Instructor: Keely Bland**Min. 8 Max. 30****Date:** Tuesday, 1:30 pm – 3:30 pm, March 6th, 2018**Location:** Kamloops Museum**Sacred Passage Doula****\$10.00**

In this class, the fascinating work of companioning at death will be discussed. Participants will learn about the work of an End-of-Life Doula, what the role entails and why it is so meaningful. Offering holistic support and comfort to the dying person and their family, the doula's services may include providing education, guidance, emotional, spiritual and practical care.

Instructor: Sandi Ceccon**Min. 8 Max. 40****Date:** Wednesday, 10:00 am – 12:00 pm, March 14th, 2018**Location:** North Shore Community Centre, Oak Room

In Sickness and in Health – The Story of Tranquille**\$10.00**

Come and discover the many faces of Tranquille from its humble beginnings as a family farm to its transformation into the King Edward's Sanitarium. Hear stories about the people who lived and worked at Tranquille throughout its history.

Instructor: Silvia Gropp**Min. 8 Max. 30****Date:** Monday, 10:00 am – 12:00 pm, March 19th, 2018**Location:** North Shore Community Centre, Willow Room**Organize Your Closet, Organize Your Life****\$10.00**

As we adapt and change our activities and living spaces, we need to sort, purge and give away stuff. Stop putting it off. Come and learn easy, pain free methods to decide what's important and how to sort and get rid of what is weighing you down. Leave less for the children to dispose of and find joy in the items you love.

Instructor: Dianne Forster**Min. 8 Max. 25****Date:** Monday, 1:30 pm – 3:30 pm, April 9th, 2018**Location:** North Shore Community Centre, Willow Room**Sustainable Ranching Explained****\$10.00**

Join us to learn about innovative developments in agriculture and how the next generation of farmers and ranchers are making ranching & other agriculture sustainable. Learn about the unique program at TRU that requires students to live on a ranch while they learn. Future farmers & ranchers must understand and work closely with the environment and have sharp business skills in order to meet the challenges of the future and help build communities that are healthy, resilient and prosperous.

Instructor: Gillian Watt**Min. 8 Max. 40****Date:** Wednesday, 10:00 am – 12:00 pm, April 11th, 2018**Location:** North Shore Community Centre, Oak Room**Travel Photo Adventures****\$10.00**

World travel photographer David Smith reviews easy but important travel photography tips and techniques for cameras and smart devices and how to capture world cultures, local color and people. Peppered with stunning images, captivating multimedia shows and travel stories from his travels to 135 countries on 6 continents, his presentations inform, entertain and inspire his audiences. Ideal for active and arm chair travellers, bring your camera, smart device and an open mind and be amazed!

Instructor: David Smith**Min. 8 Max. 40****Date:** Tuesday, 10:00 am – 12:00 pm, April 17th, 2018**Location:** North Shore Community Centre, Oak Room**Art & Conversation – Kenojuak Ashevak; Ann Kipling; Eric Metcalfe****FREE**

Join us at the Kamloops Art Gallery on select Tuesdays this spring for coffee and conversation followed by a short lecture on works from our Permanent Collection. Participants will have a chance to view the artworks up close after the lecture. Coffee at 10:30 am; Lecture begins at 11:00 am.

Instructor: Emily Hope**Min. 8 Max. 16****Dates:** Tuesdays, 10:30 am – 12:00 pm, April 17th (Kenojuak Ashevak), May 15th (Ann Kipling), June 19th (Eric Metcalfe), 2018**Location:** Kamloops Art Gallery

Antiquing and Collecting

\$10.00

Ephemera (ephemeral - existing only for a day) Not so for today's ephemera collectors whether they be family historian, archivist or citizens interested in the history of their community, ephemera items are here to stay. In this session we look at the what, why, and how of saving and storing ephemera and also how technology fits in. We invite you to bring an item to share from your home collection – the ticket to the 1950s football game, the birth certificate of a great uncle, the pamphlet from Phantom of the Opera, your grandfathers driving license these all fit into what is known today as ephemera.

"It's all about preserving the past for the present and the future."

Instructor: Sheila Park

Min. 8 Max. 25

Date: Wednesday, 1:30 pm- 3:30 pm, April 18th, 2018

Location: North Shore Community Centre, Oak Room

Radio Controlled Model Airplanes

\$10.00

Learn all about Radio Controlled model airplanes. The mystique of airplanes has a broad appeal, particularly to those who are natural inventors. Following the seminar, there will be an opportunity for the attendees to see a model airplane air show and fly a model airplane.

Instructor: Mark Bertuzzi

Min. 8 Max. 25

Date: Friday, 1:30 pm- 3:30 pm, April 20th, 2018

Location: North Shore Community Centre, Games Room

The Rule of Law – 9/11 to Trump

\$10.00

Jeffrey Meyers is a lecturer in the law department of TRU where he teaches in Constitutional and Comparative Law as well as Jurisprudence. His talk will address some of the key themes on the status of the rule of law, including a working definition of the rule of law, its historical development as a concept and the threats posed to it, such as 9/11, Brexit and the election of Donald Trump.

Instructor: Dr. Jeffrey Meyers

Min. 8 Max. 30

Date: Friday, 10:00 am – 12:00 pm, April 27th, 2018

Location: North Shore Community Centre, Willow Room

Kamloops Adult Learners Society

WINTER/ SPRING 2018 – MEET OUR PRESENTERS

Rick Albert: Rick Albert, who hosts a weekly radio show on CFBX, participated in the 2016 *Vision for Aging* course and assisted in 2017.

Lyn Baldwin: Lyn Baldwin teaches botany and ecology at Thompson Rivers University. Lyn has exhibited her field journal art and paintings in science and art museums in Canada and the US and publishes her work in journals such as Terrain.org. Excerpts from Lyn's field journals can also be found at <http://viridianlife.sites.tru.ca>

Mark Betuzzi: Mark Betuzzi is a retired Radio technician with CN Rail. He has flown radio controlled models for over 20 years. He is the head of the Radio Spectrum Committee for the main modelling governing body in Canada, the Model Aeronautics Association of Canada. His volunteer duties involve working with the Canadian government on new radio regulations and working with all modellers to learn how to safely operate their radios. His hobbies also includes photography and trumpet playing.

Keely Bland: Keely Bland is the Museum Educator at the Kamloops Museum and Archives. An interest in history, material culture, and lifelong learning took her down the path to working in arts, culture, and heritage institutions. She has a B.A. in History from the University of Saskatchewan and a Masters of Museum Studies from the University of Toronto.

Irene Bridgeman: Irene Bridgeman is president of the Kamloops Riverside Lawn Bowling Club. She has lawn bowled for twenty-seven years and has been a certified lawn bowling instructor for ten years.

Sandi Ceccon: Sandi Ceccon has lived and worked in diverse settings in Kamloops and elsewhere. Twenty years ago her personal experience of illness led Sandi to her growing interest in death and dying. On her journey from illness to wellness, she became interested in how different individuals react & respond to sickness and death. Seeking to further her personal and spiritual growth, Sandi completed a Sacred Passage Doula course in Vancouver through the Conscious Dying Institute. She looks forward to sharing what she has experienced and learned about helping people prepare for their most sacred passage.

Bruce Clary: Bruce Clary has been lawn bowling for seven years and has been a certified instructor for five years at Riverside Park.

Paul Colver: Paul Colver is the author of a book- *The Aging Reversal Course: An Ayurvedic Approach to Wellness and Vitality*. His first encountered Vedic as a youngster and his interest intensified when, in his late 50's, the practise helped him regain his vitality after a serious illness. Paul moved to Kamloops to be near his three granddaughter's ages four, six and seven. His interests are writing, hiking and anything to do with water.

Shannon Cooper: A fourth year Theatre Arts student at Thompson Rivers University who came out of the womb acting!

Tom Dickinson: Dr. Tom Dickinson is The Dean of the Faculty of Science at Thompson Rivers University. He obtained an Honours B.Sc. from Queens University then studied at University of Calgary and University of Pennsylvania where he obtained his Ph.D. Following his Ph.D. he did Post-Doctoral studies at the University of Toronto. He helped to establish the Wells Gray Education and Research Center where he taught field trips for ten years. Ornithology is a specialty of Tom's as well as how wildlife is affected by humans and natural disturbances.

Ellen Faraday: Ellen Faraday, an active KALS volunteer and past volunteer senior peer counsellor with the former Kamloops & District Seniors Outreach Society, was a participant in *Vision for Aging* in 2016 and assisted in 2017.

Diane Forster: Diane Forster- Born organized! She's been passionate about helping others stuck with lifetimes of clutter and feeling helpless.

Bob Gamble: Bob Gamble has been lawn bowling for twelve years and has taught lawn bowling as a certified instructor for six years. Bob is a certified lawn bowling umpire.

Sylvia Gropp: Sylvia Gropp is a local Kamloops Historian who has done extensive historical research of Kamloops and the surrounding area. Her work is about exploring the relationship between property ownership and prevailing economic trends from 1850 to present, and the history of the sex trade industry in Kamloops. Her first publication Kamloops: *Trading Post to Tournament Capital* has become the authoritative historical text on Kamloops. Recently she contributed historical research for the television program, *BC Was Awesome*. She sits on the Board of Directors for the Thompson Rivers History and Heritage Society.

Rob Hanlon: Dr. Robert J. Hanlon is an Assistant Professor of politics at Thompson Rivers University and an associate faculty member in the School of Humanitarian Studies at Royal Roads University. His research explores the links between corporate social responsibility, corruption and human security in emerging Asian economies. After completing his Ph.D. at City University of Hong Kong, Dr. Hanlon served as a postdoctoral research fellow at the Institute of Asian Research, University of British Columbia. Outside academia, Dr. Hanlon has worked for the Asian Human Rights Commission, the Canadian Chamber of Commerce in Hong Kong, as well as the High Commission of Canada in Australia. He has been a visiting scholar at the Centre for Socio-Legal Studies (Oxford), the Liu Institute for Global Issues (University of British Columbia), the Sasin Graduate Institute of Business Administration (Chulalongkorn), the Balsillie School of International Affairs and most recently the Kadoorie Institute at the University of Hong Kong.

Laurel Hunt: Laurel Hunt has been lawn bowling for seven years and has taught lawn bowling as a certified instructor for five years.

Kim Jensen: Helping people to help themselves to live a balanced, joyful life is Kim Jensen's personal and professional mission. Her background is in nursing and community capacity building. She is a Reiki Master Practitioner, teacher and recently completed education to be a Life Cycle Celebrant through the Celebrant Foundation and Institute.

Craig Jones: Professor Jones teaches courses in Torts and Advanced Advocacy at Thompson Rivers University. He graduated from University of British Columbia Law School in 1998, was called to the BC Bar in 1999 and earned a Harvard Master's Law degree in 2002. He was lead counsel in significant constitutional cases including the Bountiful polygamy case, the wrongful death of Robert Dziekanski, the Insite, safe injection site appeal, and the Missing Women inquiry. He is a prolific writer & guest lecturer and continues to practice law. Craig's off-time interests include distance running, target shooting, and motorcycles. He lives in the Barnhartvale with his family and an array of animals.

John Karakatsoulis: John Karakatsoulis is the Department Chair and senior lecturer in forest ecology, conflict resolution in natural resources and silviculture at Thompson Rivers University. Natural landscapes and how ecosystems respond to both natural and human caused disturbances in coastal and interior ecosystems has been an investigation and study for more than 30 years. Current research has expanded to Nepal.

Tsunma 'Ani' Gawa Khandro: Venerable Tsunma "Ani" Gawa Khandro is the spiritual director of GawaLing Buddhist Centre in McLure, BC. She is an ordained Buddhist monk whose teachers include Thich Nhat Hanh, Acharaya Pema Chodron, V.V. Khenchen Thrangu Rinpoche, and Venerable Thubten Chodron. She has taught for many years and is also engaged in community outreach programs both locally and globally.

Chris Linton: Chris Linton or "Charlotte Thompson" as she likes to be known, has been the program director at Historic Hat Creek Ranch for the past five years. Chris lives in Kamloops, and also visits schools in Kamloops & Cache Creek to deliver lessons on the early history of the region.

Helen McFadyen: Rev. Helen McFadyen is the developmental minister of the Unitarian Universalist Fellowship of Kamloops. She also works as Administrator of the Accessibility and Inclusion Ministry (AIM) certification program for congregations offered across the United States by the Unitarian Universalist Association. She is completing several years of academic research studying the 'impact of mutual support relationships on the quality of life of older individuals living in collectivistic environments' as part of a Doctoral degree with St. Stephen's College (Edmonton).

David McKinnon: Dr. McKinnon holds a B.Sc. (Hons.) (1960) and Ph.D. (1963) degrees in Chemistry from the University of Edinburgh, Scotland. From 1965 -2001, he was a faculty member in the Chemistry Department of the University of Manitoba, where he attained the rank of Full Professor. He maintained an active research programme and has authored or co-authored 74 refereed papers, two reviews and three book chapters, and presented papers at international conferences. He has taught courses, mainly Organic Chemistry, at all university levels and received the Stanton Teaching Award of the University of Manitoba in 1995. He has a continuing interest in scientific education and has a wide range of hobbies, including, travel, playing the clarinet, genealogy, stained glass work, woodworking and gardening.

Jeffrey Meyers: Before joining the law faculty at Thompson Rivers University, Dr. Meyers graduated from McGill Law School, practiced law with Sidley Austin LLP in New York and completed a masters and doctorate in constitutional and legal theory at the London School of Economics. Dr. Meyers is also admitted to practice law in the province of BC where he has experience in criminal and family law. He has taught at the University of British Columbia's Allard Hall, and Dalhousie's Schulich School of Law. He is published in the *Modern Law Review* and a frequent media commentator on the CBC, CKNW and Roundhouse Radio in Vancouver.

Rod Michell: Rod Michell has a MA in English and Literary Arts from Oxford University. He is a retired instructor who taught for over thirty years at Thompson Rivers University and other educational institutions. He is on the Board of the Kamloops Symphony Society.

Sheila Park: Sheila Park is a retired school teacher who began collecting antiques in 1977. She began with a wooden biscuit barrel her mother was about to send to the thrift store. This soon led to frequenting auction sales, museums, thrift stores and antique shops both locally and in her travels throughout Canada and beyond. Sheila is a member of the Kamloops Family History Society and on the Board of Directors of the Kamloops Heritage Society.

Helen Parkyn: Born in England and trained as a nurse and midwife, Helen Parkyn spent three years working her way around the world and could find nowhere better to live than BC. After various postings and two years at University work with the BC Health Service she retired in 2000 from work but not from travelling. One of few people who has visited over one hundred countries, and loves to travel. Madagascar was a September 2016 experience.

Ray Pillar: Ray Pillar has been a University administrator and teacher in Political Science at Thompson Rivers University as well as a teaching assistant at the University of Victoria and York University. He has been a political commentator and is a keen follower of Canadian and international politics.

Ginny Ratsoy: Ginny Ratsoy, Associate Professor of English at Thompson Rivers University, is proud to have taught courses for KALS since 2007. One of her recent publications speaks to that relationship. See "The Roles of Canadian Universities in Heterogeneous Third-Age Learning: A Call for Transformation."

Lindley Roff: Lindley Roff is a recently retired employee of a Provincial Crown Corporation. She started doing her family tree by asking her grandmother and grandfather, "Where do we come from?" From the information they gave her (and information she collected), she found paper and other records in archives and libraries. As time went on, she visited places her ancestors lived and died, got to know how the Internet could help her and built a family tree of about 4,500 people she believe to be her DNA relatives. In addition to doing her own genealogy, she is also a member of the Kamloops Naturalist Club and the Kamloops Photo Arts Club.

Rae Ann Sasakamoose: A native court worker.

Mary Schmid: Mary came to Kamloops "for a year" in 1971 and never left. A Bachelor of Education from the University of British Columbia and Masters from the University of Victoria informed her high school teaching which centred on senior English. Having enjoyed volunteering, coaching, and a rewarding teaching career, Mary now looks forward to sharing her love of Shakespeare, believing sharing knowledge and ideas enhance understanding of the Bard.

David Smith: David Smith is a professional freelance travel photographer, writer and blogger. His images appear in travel books, newspapers and magazines worldwide. He and his wife Anna, have travelled to 135 countries on six continents and have lectured on cruise ships for 13 years. A B.Sc. Honors Chemistry graduate of the University of British Columbia, David spent thirty years in the multinational corporate, small business and entrepreneurial worlds before following his lifelong passion for travel and photography.

Dick Taylor: Dick Taylor is a former Elementary School Teacher and Administrator, who – with Mitch Stefanek - developed the original *Vision for Aging* course in 2016 (also known as *Aging with Wisdom* at the time). Dick served as lead facilitator in 2017.

Kathy Thomson: Kathy Thomson is a professional nurse who has been working in the Kamloops area for thirty years. She was part of an Immunization Education Initiative that taught professionals across Canada about the significance of vaccinations.

Carol Todd: Carol Todd, who participated in *Vision for Aging* in 2016 and assisted in 2017, previously worked in leadership roles in Addiction Services.

Truman Tremblay: Truman Tremblay has been with the public service for over twenty-five years. He joined the Corrections Service in 2006 and became a parole officer in 2008 working in both the institution and the community.

TRU Master Students: Krista Barton and Jaime Shippit are Masters Students in the Thompson Rivers University Natural Resources program.

Kevin van Damme: Kevin Van Damme is the lead Instructor for BC Conservation Officer Service and a Master instructor for Predator training in BC.

Gillian Watt: Gillian Watt is the Manager of the new, *Applied Sustainable Ranching Program* at Thompson Rivers University in Williams Lake. She was born on the OK Ranch south of Clinton and at the age of seven moved with her family to their own ranch on the North Thompson River just outside Barriere. Her father's family has generations of history ranching in the Cariboo, and her mother (from England) met her father while on a working holiday. Gillian has a B.Sc. in Agriculture Sciences from University of British Columbia and an MBA in Agriculture from the University of Guelph.

Kamloops Adult Learners Society

WINTER/SPRING 2018 VENUES

North Shore Community Centre

452 - 730 Cottonwood Avenue, Kamloops, BC

Cunliffe House

262 Lorne St, Kamloops, BC

Riverside Park – Lawn Bowling Clubhouse

100 Lorne St, Kamloops, BC

Kamloops Museum

207 Seymour St, Kamloops, BC

Provincial Court House

455 Columbia St, Kamloops, BC

Kamloops Art Gallery

465 Victoria St, Kamloops, BC